

First Baptist Church Regina – Overview

Located in the heart of downtown Regina, [First Baptist Church Regina](#) is easily accessible to parks, libraries, and public transit. Regina, the second-largest city in Saskatchewan, enjoys a rich history and heritage, with the distinction of being one of Canada's most livable cities. The area is known for its exceptional parks, recreational opportunities, and cultural centres.

The congregation of First Baptist Church Regina is working out a way of life centred on knowing and serving Jesus Christ—one that can be lived out today and passed on to future generations. It is an active and caring community, dedicated to both inward care and nurturing its community, as well as an outward focus on serving the people of Regina and globally in partnership with Canadian Baptist Ministries. Locally, members serve with the wider Christian community through programs including [Katepwa Lake Camp](#), [Saturday Lunch Program](#), and the [Living Skies Spiritual Care](#).

A commitment to multigenerational connection is at the core of the church's nature. Regular shared meals, including potlucks and patio parties, are central to church life. These events are about sharing faith, food, and friendship while encouraging children and adults to interact and build connections. Members gather for daily prayer, weekly adult education programs, Sunday School for children, and various book clubs. The church fosters a strong sense of connection, where people genuinely care for each other and ensure everyone is supported.

The worship service is a collaborative experience, with children and youth actively participating in the procession, readings, and music, making it truly inclusive. The church places a strong emphasis on continuing spiritual growth for everyone in the congregation and promoting ongoing learning for all ages.

Key programs include:

- **Sunday Worship:** A service based on a formal liturgy structure, which blends traditional and contemporary elements, with intergenerational participation.
- **Saturday Lunch:** An opportunity to connect with and serve the wider community, with 100-160 attending at no charge.
- **North of 60:** A group for retirees, offering a time to learn, grow, and connect.
- **Music program:** A choir of adults and youth who gather weekly and contribute to the Sunday worship service, with two special music events held each year.
- **Focus on children and teens:** A dedicated approach to engaging and nurturing the youngest members and youth of the congregation.

If you're seeking a place to connect, grow, and serve, we invite you to learn more about our ministry in Regina. Visit our website at firstbaptistregina.ca, write us at main@firstbaptistregina.ca, or call 306-359-1450.