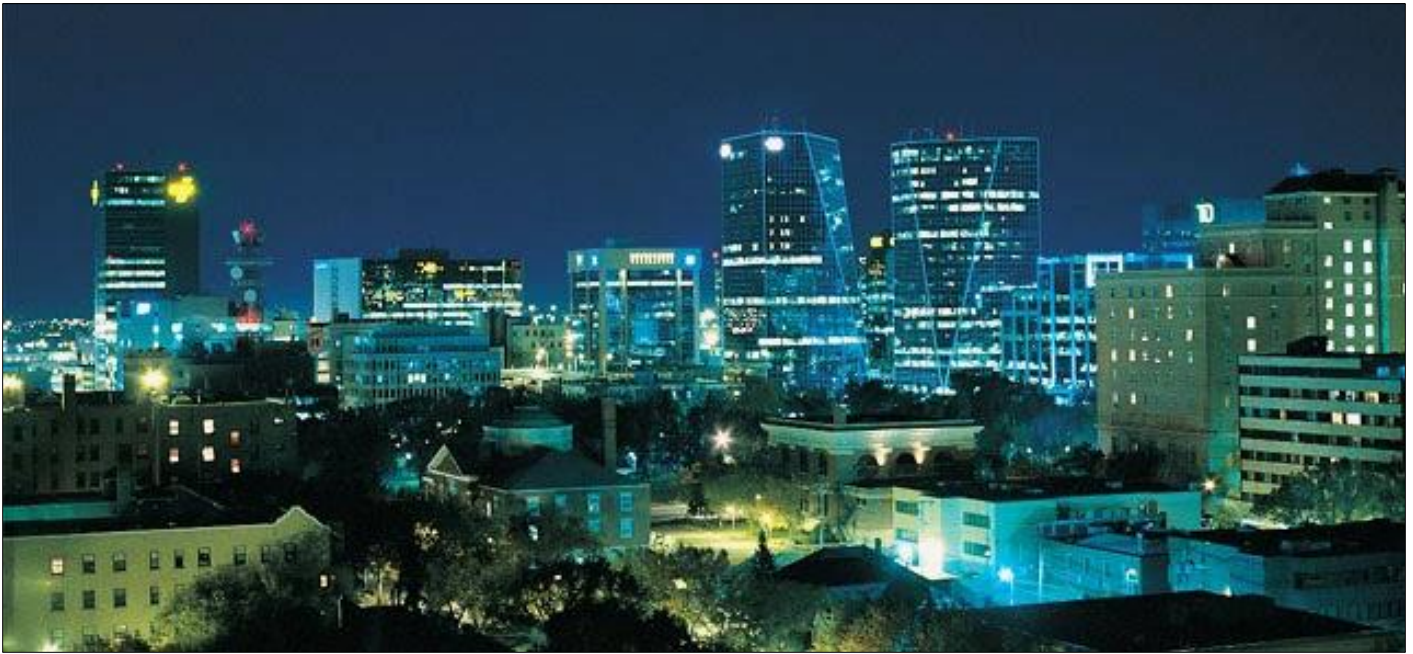


First Baptist Regina News

For the Weeks of January 8 & 15, 2023



After good times celebrating together during our Christmas services, we are resuming the regular activities of our life together: work and prayer, fellowship and study.

We have put away the decorations and the carols until next year. Now the choirs, the children's programs, the Bible studies, and the mission work carries on. We continue from the birth of Jesus, God in the flesh, given by Mary, to Jesus the Lord, calling children, teens, and adults, women and men, to follow him.

We spent the fall reading and reflecting on scripture lessons from the stories of Ezra and Nehemiah, building the city of God. A city is people: their relationships, their creativity, their care, their work, all manifest in art, business, parks, streets, buildings, schools and hospitals. The local church is also people, their relationships similarly made visible in all sorts of ways. Both of these merely look toward the eternal, heavenly city that is coming:

“Your gates shall always be open; day and night they shall not be shut.

Violence shall no more be heard in your land, devastation or destruction within your borders;

The sun shall no longer be your light by day, nor for brightness shall the moon give light to you by night; but the Lord will be your everlasting light, and your God will be your glory.

Your days of mourning shall be ended.

Your people shall all be righteous; they shall possess the land forever.”

(Selected verses from Isaiah 60)

By grace and grace alone, Jesus invites us to become citizens of that city, caught up in its relationships; to be born again and to learn its way of life through his life and death, his teaching, and God’s Spirit living within those who obey him.

May Jesus’ words speak to our hearts and minds once again in this new year as we look toward the city he has prepared for us.

Grace and peace to you.



Pastor Joel

Spiritual Formation Small Group – Please Note Time Change

When: Monday evenings, January 9th to April 3rd (no meeting February 20th)

Time: 7:30 – 9:00 pm

Location: At the church, in person

The book, *Sensible Shoes*, by Sharon Garlough Brown, follows the stories of four women as they are drawn into a spiritual formation journey. The reader is invited to join with them. “The sacred journey is a pilgrimage for those who are thirsty for more of God. This journey is for all those who are dissatisfied with living on the surface and who want to travel deeper into God’s heart. We invite you to come and explore spiritual disciplines as we seek to create sacred space for God.” (p. 34).

Over 12 weeks, we will have times of guided discussion and will practice the spiritual disciplines for ourselves. Join us on a collective journey of spiritual practice, mutual support and personal revelation. Questions? Ask [Pastor Cheryl](#) or [Pastor Kayely](#) or call the church at (306) 359-1450. To sign up, please click here: [Sensible Shoes sign-up form](#). (Please indicate if you require childcare).

We want to keep in touch with you...

Have you moved or changed your phone number(s) recently? Or are you new to the church? If so, do we have your current contact information? If not, could you please send us an email at main_fbcregina@sasktel.net, or call the church office at (306) 359-1450, so that we can update ChurchTrac (the church's database). If you do not have access to ChurchTrac but would like to, please contact Esther Gurnsey in person or at the church office. Through ChurchTrac, you can access our online directory—which is being updated regularly, check your giving history (*no one but you has access to this information*), and find other important information.

Dial-the-Sermon – (306) 992-1912



Know of someone with no computer and/or internet access and cannot come to church in person? Please let them know that there is an easy way to listen to a recent Sunday's sermon. Simply dial (306) 992-1912 (toll-free within the Regina area) on a landline phone or cell phone. This number takes you straight to the sermon recording.

**Dear Mother Nature,
Having received my
free sample of winter I
would like to cancel
the remainder of my
subscription.
Thank you**

Q. What did the icy road say to the car?

A. Want to go for a spin?

Q. What do you call a slow skier?

A. A SLOPEpoke.

Q. What's white and goes up?

A. A confused snowflake.

Q. What falls many times in the winter but never gets hurt?

A. Snow.

Q. Why is winter the least popular time of year for a wedding?

A. Because the grooms always get cold feet!

Q. Why can't you depend on snowmen to hang around for long?

A. Because they're too flaky!

What's happening at First?

Children's Ministry

We have two classes that take place during the Sunday morning worship service, for children aged 3 to grade 6—Godly Play for the younger ones and Oasis for the older group. We also provide nursery supervision for babies and toddlers. For more information, please contact Pastor Cheryl by calling the church at (306) 359-1450 or [by email](#).

Youth Ministry

The youth meet weekly for various activities. For more information about our youth program, please contact [Pastor Chris](#).

Adult Ministries

Morning Prayer: Join us Monday to Thursday at 7:15 am to begin your day with scripture and prayer, via Zoom. For more information, visit [our website](#). [Join morning prayer](#).

Reading through the Bible: This group, facilitated by Norma Holtslander, will resume on January 11th, when they will commence with reading through the Gospels. The group meets every Wednesday, on Zoom, at 10:00 am. For more information, contact Norma, [email the church](#), or call the church at (306) 359-1450. [Join Reading Through the Bible](#).

Noon Prayer: This group will take a break on December 28th. Join others every Wednesday at 12:30 pm for a short time of scripture and prayer. In person, in the main office, or over Zoom. If coming in person, please use the Lorne Street entryway. For more information, visit [our website](#), or contact [Pastor Joel](#). [Join Wednesday noon prayer](#).

Voice: A small group for women who like to read and enjoy lively conversation. The group meets every second Wednesday from 7 to 9 pm, using Zoom. For more information, contact Bonnie Austring-Winter or Laureen Snook, visit [our website](#), [email the church](#), or call the church at (306) 359-1450.

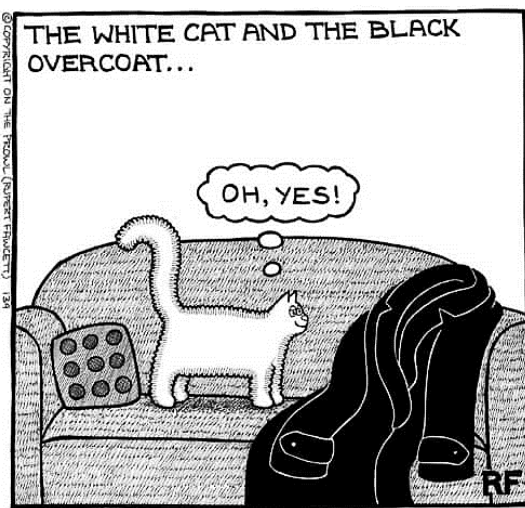
Learning for Life – Sunday Mornings, 9:30-10:30: Annabel Robinson is leading a class on the Gospel of Luke. This class is in person and on Zoom. For more information, contact Annabel, email [Pastor Kayely](#), go to [our website](#), or call the church at (306) 359-1450. [Join "Gospel of Luke"](#).

Tithes and Offerings

Whether you are attending Sunday services in person or online, there are several methods that you can use to give your tithes and donations to the church:

1. Mail your gifts to the church or call (306) 359-1450 to arrange for an in-person pick-up. Please place your cheque in your regular offering envelope (or any envelope marked "Offering"), and seal that inside another envelope addressed to: First Baptist Church, 2241 Victoria Ave, Regina, SK S4P 0S4.
2. Establish a **Pre-authorized Remittance (PAR) Plan**. This will automatically transfer funds from your account into the FBC Regina account on a regular basis. Please email the church or contact the Treasurer if you would like to set up PAR, or change your commitment.
3. Make an [online donation](#):
 - Use a credit or debit card to make a donation from our website. (*The church is charged a small processing fee for each donation.*)
 - Use **Interac e-Transfer** to donate from your phone or computer to FBCRegina@gmail.com (*no fee or cost to the church*)
 - Use a credit card with a PayPal account via the **PayPal Giving Fund** (*no fee or cost to the church – 100% of your donation reaches us*)
 - Use a credit card or PayPal via **CanadaHelps** (*a 3.5% fee is deducted from the donation*)
 - Use a credit or debit card via **FBC ChurchTrac** (*the church is charged a fee of approximately 3% for each donation*)

PLEASE refer to our website at firstbaptistregina.ca for more specific information on these contribution methods. For further details, you may also email the church at main_fbcregina@sasktel.net or contact the treasurer at (306) 775-1497.



Q. Why did the painting go to jail?

A. Because it was framed.

Q. How do birds fly?

A. They just wing it.

Q. Where do eggplants come from?

A. Chicken plants.

Q. Why do pirates not know the alphabet?

A. They always get stuck at "C."