

First Baptist Regina Weekly News

For the Week of October 24th, 2021

“Do not become sluggish, but imitate those who through faith and patience inherit the promises.” *Hebrews 6:12*

One of the examples of faith from my childhood was Mr. Fallow. A child’s or teen’s perspective is limited of course, but the impression he made was fairly consistent, every Sunday and at other events, over 15 years.



He seemed to have had a number of struggles. He had a speech impediment and walked with a significant limp. All his movements seemed constrained. He worked in a factory and I wondered how he managed.

His second daughter was born right around the same time as I was. She had significant challenges physically and mentally. She was usually part of youth events and I think she shaped all of us. There were many days she was in pain. Her movement became more and more limited and there were a number of surgeries. She lived to her thirtieth year.

Then at one point, I heard that his wife was diagnosed with cancer. It all seemed terribly unfair.

I do not recall any Sunday where he failed to smile in greeting. I remember him being open and straightforward about what was going on without it sounding like complaining. I think he usually concluded with an affirmation of God’s goodness. At meetings or when the opportunity arose in church, if he stood up to speak, I only remember him giving thanks to God. It is not all rose-coloured glasses – some adults made a very different impression!

I don’t know what was going on inside him. I look back and wonder how he coped. I don’t know what his peers, or his wife, saw or heard, but this was his gift to me, as I watched and listened to all the adults at church.

Many of us had people model a life of faith for us. We give thanks to God for them and we pray that we might in turn live out our faith for the next generation.

With love,

A handwritten signature in black ink, appearing to read "Joel M. M. L.", written in a cursive style.

Pastor Joel

Heroes of the Faith – An Invitation to Our First Baptist Family

We are currently studying the book of Hebrews as a congregation, through our Sunday services. We will consider how we have received our faith and how we pass along our faith to others. Hebrews 11 is a well-known chapter that looks at a series of imperfect people who were being remembered for their faith in God. I don't know about you, but the last year and a half has been hard, and I know I'm looking forward to a hearing good reminder about how our faith can make a practical and positive difference in our lives. I want our kids to know the same.

We are inviting kids and adults alike to choose a biblical hero (from Hebrews 11 or another part of the Bible), and create a piece of art to share. The artistic creation can be accompanied by a title, a sentence, a paragraph, or even a poem that tells about their chosen character.



Kids who are participating are invited to work on their art either at home or during the kids programming time on Sunday mornings—or both. Our hope is to have enough responses to create an art wall at the church and possibly even make a book of the art.

Please contact [Pastor Kayely](#) for art paper, more details, or to request a Bible or additional resources to learn more about the biblical heroes.

Help promote our church in one easy step!

Recently I received an unexpected email from Google Maps. It was a note of congratulations for reaching a milestone – 1000 views of my Google Maps review of First Baptist Church! I was pleasantly surprised, and wondered if someone might have visited our church as a result of my little review.

The email also made me wonder if others of you might consider adding a brief review? It's so quick and easy – I just went to Google Maps on my phone and searched First Baptist Church. I then touched the "Reviews" button, scrolled down to "Rate and review on Google," clicked on 5 stars and wrote a simple sentence describing our church in a positive way. That's all there is to it! Perhaps you'd like to give it a try?

—Marilyn P

Editor's Note: To submit a review on your computer, click on this link: [First Baptist Regina on Google Maps](#). Then scroll down the panel on the left to the Review summary, and click on the "Write a review" button.

Congratulations!

Lila Stewart, a member of the Regina Diving Club and granddaughter of proud grandparents, Rosemary Ward and Derrick Bellows, recently competed in the Jr Pan American Championships (October 8 – 10) in Tucson, Arizona. Lila was in three events and won three medals – silver on the 1-meter springboard and 7.5 meter platform, and bronze on the 3-meter spring board. Lila was also named the top female diver in her age group (12 & 13) for the entire competition.



The Jr PanAm Games are held every second year for athletes age 10 to 17 from countries in North and South America. This year it had divers from USA, Mexico, Canada, Peru, Columbia and Brazil. Lila was the only Canadian girl in her age group to qualify for these games. She was one of only three Canadian divers to earn three medals, and the only Canadian to get a top diver award.

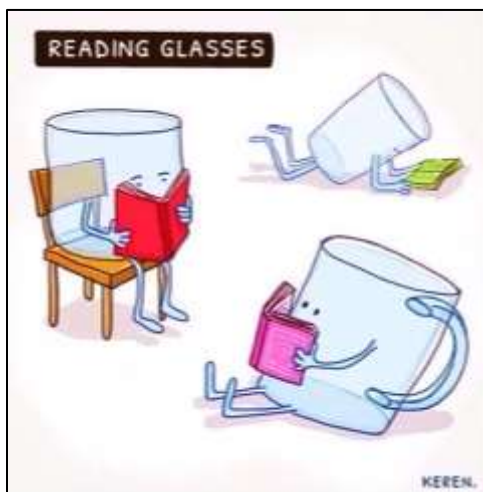
Editor's note: If you are aware of a noteworthy achievement by someone you know (E.g, grandchild, daughter, son, niece, nephew, friend), please send it to the [church email](#). If we don't have the information, we can't put it in the newsletter! 😊

Give & Take

Item to give away: Large panasonic microwave in good working order. White, counter-top model. Please contact Carol O, send an email to [the church](#), or call the church at (306) 359-1450.

No computer and/or internet access?

To hear a recent Sunday's sermon, dial (306) 992-1912 (toll-free within the Regina area) on your landline phone or cell phone.



“Darn!” the man said to his pal while weighing himself in a drugstore. “I began this diet yesterday, but the scale says I’m *heavier*. Here, Norm, hold my jacket...It *still* says I’m heavier. Here, hold my Twinkies.”

A woman accompanied her husband when he went for his annual checkup. While the patient was getting dressed, the doctor came out and said to his wife, “I don’t like the way he looks.”

“Neither do I,” she said. “But he’s handy around the house.”

What's happening at First?

Morning Prayer

Join us each morning, Monday to Thursday at 7:15 am to begin your day with scripture and prayer, via Zoom. Visit our [website](#) for the link.

Children's Ministry

There are now in-person classes for children up to Grade 6—"Godly Play" for the younger children and "Oasis" for the older ones.

**For details about an exciting project on Hebrews that can be done in church or from home, see page 2. For more information, please contact [Pastor Kayely](#).

Youth Ministry

For information about our youth program, please contact [Pastor Chris](#).

Adult Ministries

Learning for Life (L4L): On September 12, Dr. Kelvin Friebel began leading a new series: "Lament Psalms: Asking God the Hard Questions." This series is about learning to approach God in prayer during difficulty. This class is in person, but also available through Zoom. For more information, please go to [our website](#).

Voice: A small group for women who like to read and enjoy lively conversation. The group meets every second Wednesday from 7 to 9 pm, using Zoom. For more information, visit [our website](#), contact Bonnie AW or Laureen S, email [the church](#), or call (306) 359-1450.

Reading through the Old Testament: In this online reading group, participants are reading through the Old Testament chronologically. The group meets Wednesday mornings at 10:30 am, via Zoom. If you are interested in joining this group, please contact [Pastor Richard](#) or call the church at (306) 359-1450.

Gospel of John small group study: Pastor Richard is leading this small group. There are two groups meeting, via Zoom. The first group meets on the 2nd and 4th Monday of each month at 7 pm, and the second, on the 2nd and 4th Friday of each month at 10 am. For more information, please contact [Pastor Richard](#), or call the church at (306) 359-1450.

Lost and Found

Found Sunday afternoon, September 26th, in the northeast corner of the church parking lot, a lady's ring. If you've lost a ring, please email [the church](#), or call (306) 359-1450.

Tithes and Offerings

While many of you are coming to worship services in person now, there are also quite a number joining the service on Zoom or Facebook. Whether you are attending in person or online, there are several methods that you can use to give your tithes and donations to the church:

1. Mail your gifts to the church or call and leave a message at (306) 359-1450 to arrange for an in-person pick-up. Please place your cheque in your regular offering envelope (or any envelope marked "Offering"), and seal that inside another envelope addressed to: First Baptist Church, 2241 Victoria Ave, Regina, SK S4P 0S4.
2. Establish a **Pre-authorized Remittance (PAR) Plan**. This will automatically transfer funds from your account into the FBC Regina account on a regular basis. Please email the church or contact the Treasurer if you would like to set up PAR, or change your commitment.
3. Make an online donation:
 - Use **Interac e-Transfer** to donate from your phone or computer to FBCRegina@gmail.com (*no fee or cost to the church*)
 - Use a credit card with a PayPal account via the **PayPal Giving Fund** (*no fee or cost to the church... 100% of your donation reaches us and contributes to our mission*)
 - Use a credit card or PayPal via **CanadaHelps** (*a fee of 4% is deducted from the donation*)
 - Use a credit or debit card via **FBC ChurchTrac** (*the church is charged a fee of approximately 3% for each donation*)

PLEASE refer to our website at firstbaptistregina.ca for more specific information on these contribution methods. You may also contact the treasurer at (306) 775-1497 or email the church at main_fbcregina@sasktel.net for further details.



An 85-year-old widow went on a blind date with a 90-year-old man. When she returned to her daughter's house later that night, she seemed upset.

"What happened, Mother?" the daughter asked.

"I had to slap his face three times!"

"You mean he got fresh?"

"No," she answered. "I thought he was dead!"

The doctor told my uncle that if he ran five miles a day for 300 days, he would lose 75 pounds. At the end of the 300 days he called the doctor to report that he'd lost the weight but he had a problem.

"What's the problem?" asked the doctor.

"I'm 1,500 miles from home!"