First Baptist Church

www.firstbaptistregina.ca



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A Nigerian shared about his first winter in Canada. "I had no idea what cold was. I panicked the first cold day. I thought I might die." He called his family, "Think of a freezer. It is like that outside here every day, only way colder!"

Sometimes we think we know all about something. Then first-hand experience shows us it was so much more than we imagined.

Jesus came to reveal things we could not know otherwise, including love--something, perhaps, humanity believes it knows all about. Eternal life is knowing the God who is love. As we read and pray through Luke, may our hearts understand anew the love of God.

With Love, Pastor Joel

Achievers 55+



Achievers' Luncheons and Guest Speakers for Winter 2019

An enthusiastic group for those people 55+ years of age.

Check out www.achieversregina.ca for exciting information on both our guest speakers and the Achievers' group. Cost of the tantalizing luncheon meal is \$10.00.

Feb. 28 Marilyn Braun-Pollon

Mar. 28 Merv Tippe

Apr. 25 John Robinson

May 23 Reade Holtslander

Achievers' Bible Study

In February our Bible Study will meet on Wednesday, February 6 and 20 at 10 a.m. We are still in Galatians. We meet in the Board Room by the offices. Everyone free at that time is welcome.



Learning for Life

Hope!

Our class/conversation about spiritual fitness in later life started again on Jan 20. This conversation is framed around topics you have expressed an interest in or want to bring up. Dell Bornowsky has offered to lead us in some of these topics.

We've shared from the heart about our fears and convictions. If you haven't attended the three sessions so far, now is a good time to join us at 9:30 Sunday mornings, venue to be announced.

Church Library Corner

A number of new books have come in. I haven't had time to process them yet, (or read them!), but they look exciting. Keep your eyes open for many new books appearing in the next few weeks. Meanwhile, I added a couple of new additions recently to the display table--look for them, you might find something that ministers to you.

Collin Carbno (Church Librarian)

Missions

FBC Lebanon Trip

You may recall, back in early fall 2018, there was an announcement that went around about a potential trip to Lebanon, through CBM, to visit our missions' partners, Emad & Almess Botros and the LSESD (Lebanese Society for Educational and Social Development). Meet your First Baptist Church Lebanon travellers!

Anne and Roger Bellows

Heather and Xavier Russell-MacLean

Dierdre and Ben Sentis

Laureen Snook

Barb Ziolkowski

We are meeting regularly to work through a book on how to understand our role in short term missions and what entering into a part of the world that is very different from our own can mean for us, and for those we are visiting. We hope to provide you with regular updates as we get closer to the actual trip. We will be away for the Middle East Consultation Conference being held June 17 - 21 in Beirut. The trip will include another week or so, for us to visit some Syrian refugee camps, to see the work that the Botros', the Arab Baptist Seminary, and the LSESD are doing. They are showing God's love to a group of people who must feel so abandoned by the world.

If anyone would like to know more about the trip: our expectations, our hopes, our fears, please connect with any of us and we will be happy and excited to share about this potentially life-changing trip.

Missions Prayer Points

Please remember our Mission partners in prayer throughout 2019!

Local:

Inter-Varsity Christian Fellowship (Sask. director, Rachelle Low)

Katepwa Lake Camp (directors, Tim & Shelley Kaiser)

Healing Hearts Ministries (directors, Walter & Cindy Selke)

Youth for Christ (director, Corey Illingworth)

Global:

Canadian Baptist Ministries (exec. director, Terry Smith)

Our Lebanese partners at Arab Baptist Theological Seminary (the Botros family)

The Gideons

Prayer Times

Morning Prayer 7:15 a.m., Monday to Friday (Friday's prayers are chanted)
Wednesday, 12:15 noon

Everyone is welcome. Each prayer time will include Psalms, scripture reading, and prayer for our world, our church, and the people in our lives. "Where two or three are gathered," Jesus said so we would love company!

Prayer Breakfast

Prayer Breakfast takes place on Wednesday mornings from 8 a.m. to about 9:15 a.m. We meet in the library for a simple breakfast, Bible reading/discussion and prayer time for our church, the wider Christian church, and the world. You are invited to join us by coming in the Lorne St. door. Please join us!

Music@First

The music ministry programme of FBC has a rich history of over 110 years. Faithful Christians have shared their gifts of music vocally and instrumentally down through the years, enriching the worship and the lives of members/adherents of this church family.

"When you become a Christian, you become a minister. When God gave you the ability to sing, ring, or play an instrument, you also received the responsibility to be a minister through music. The Sanctuary Choir and JuBELLation ringers offer opportunities for you to use these musical gifts.

Sanctuary Choir is a faithful group of approximately eighteen members who enjoy fellowship and musical expression together. This choir offers strong support in our worship services ten months of the year, as well as for very special seasonal services. The choir is enriched when new members join this "caring choir community".

You would certainly be welcome. High School/Adults- Thursday at 7:00-8:30 p.m.

JuBELLation Ringers is an enthusiastic group of 10 dedicated musicians who come together to ring bells every Tuesday night from 6:00-7:00 p.m. Additional music reading individuals are always welcome to join.

Diaconate Report (Collin Carbno, Chair)

As you know, we have been on a search for a new staff member. We feel the hand of God in this process. Although we are taking longer than we expected, I feel that God has His reasons for the delay and that everything will work out. The Diaconate met on Saturday morning January 12th. Among other things, we shared our testimonies. I learned we have an amazing board and was deeply moved by the testimonies! We also watched and discussed some videos from the Canadian Council of Christian Charities on the role of church boards and the legal and moral duties of board members.

The board tentatively set a dozen or so goals for 2019 and had a first cut at ordering them for implementation. Some ideas are in progress already, such as renewing the commission/lead structure of the church, moving the painting in the board/prayer room up into the sanctuary, and forming an art committee. The board is also looking to set a multimedia strategy committee to come up with a more comprehensive communication strategy for handling communication both within the church, and outside to the larger community. We are looking again at launching the "Organ-Ministry" apprenticeship offer and perhaps adding some youth (age 6 to 18 years) organ scholarship positions to complement it. Stay tuned for details. Please pray for the board to have clarity, vision, and success (energy and time) as we pursue these and other goals.

Men's Breakfast

Our breakfast this month will be on Saturday, February 16, 8:30--10 a.m. at First Baptist. Let Pastor Joel know if you plan on attending. Mark your calendars and invite someone to join you. All ages welcome.

TNT

On Tuesday nights we get together, bring our own meal and something to share. In addition, there is an adult group that meets and discusses things from the Bible or from a DVD.

TNT is working through a new program, which is a part of the "That the World May Know" series with Ray Vander Laan. The series is produced by Focus on the Family. In February there will be 2 weekly sessions that start with a 30-minute video that takes you to the places where Paul's travels took him 2000 years ago and amplifies the context in which he lived and preached the Gospel. The sessions are as follows:

February 5: The Lord's Supper: Discerning the Body

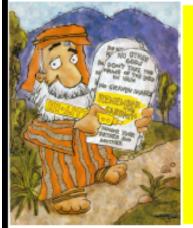
February 12: Transforming the Chaos

Each Video is followed by discussion, faith lessons, and closing prayer. Total duration is approximately one hour. If you cannot make it to all sessions, note that each session stands on its own and can be studied separately from the rest.

We would like some one to start a children's program on Tuesday nights, so families can come out and not worry what to do with their kids. Also, interested persons can join the bell ringers and learn something new with John Nelson, after the meal.



Presenter: Dr. Kelvin Friebel



"Remember the Sabbath" 2nd March 2019 (Saturday)

9:30 a.m. - 3:30 p.m. (Lite Lunch provided)

- What is the "Sabbath"?
- ► What did observing the Sabbath look like in the Old Testament?
 - ► Should Christians keep the Sabbath?
 - ▶ Is there a difference between the Sabbath & the Lord's Day (Sunday)?

Location: using the facilities of Glencairn Alliance Church (139 Cannon Street, Regina) Cost: \$20 suggested Donation to cover lunch & materials (collected on day of seminar)

> If attending, please RSVP by Feb 25th by emailing Kelvin Friebel <diggingdeeperot@gmail.com>

Seminar

Here's the announcement about the next seminar that I will be doing on March 2nd: talking about the Sabbath. Also, for the sake of numbers, for handouts, and the lunch, please RSVP via email before Feb 25th. Thank you very much.

Church Website

What to Expect

Sometimes visitors are uncomfortable walking into an unknown situation. They are unsure about coming into a new building, meeting strangers, perhaps facing a variety of cultural, dress and procedural surprises.

What to Expect

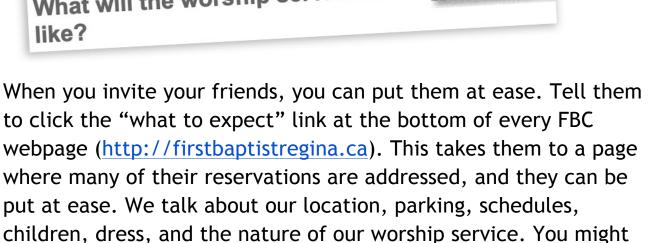
As a visitor to the church, you may wonder what to expect on your first visit.

What happens when I arrive?

We trust that you'll feel welcome and at ease as you are greeted. Ushers will answer any questions you might have and provide you with a service bulletin. Visitors are welcomed but not singled out. No one will ask you to stand up or raise your hand and identify yourself.



call it our "online welcome mat"!)



Photograph Time

Have You Outgrown Your Photo?

If so, come and put your best smile forward.



All of us love to see a smiling face, or even a family of smiling faces. But some of the names in our directory don't have a photo to go with them. It is sometimes difficult to put a face to a name. That is why it is so important to have <u>everyone's</u> photo in our 2019 First Baptist Church Photo Directory.

We will be updating our Photo Directory early in 2019. Here is your opportunity to:

- Update your family photo if you've outgrown your previous one (but not required).
- Get your photo taken if you missed the opportunity last time.

- Receive photo print(s) suitable for distribution or framing (donation accepted).
- Update your contact information.
- Receive an updated Photo Directory when it is completed (donation appreciated).
- Photos will be taken in the NE entry area.
- Please call us if you are unable to come—we'd love to come to your home to take your photo.

KLC Update



http://www.katepwalakecamp.com/ Collin Carbno Secretary on the KLC board.

An architect, a carpenter, and an engineer, all from FBC, are helping KLC look at and plan the property management of the camp. Among things being discussed are:

- rebuilding the dishwasher pit area (a part of the floor has rotted out due to leaking water from the triple sink),
- purchasing a new dishwasher (old one has died),
- purchasing a new triple sink to meet code requirements (old one leaks and can't be fixed),
- possibly moving dishwasher pit to a new location in the lodge, thus opening up more space and seating area,
- fixing the lodge stairs (which are leaning and no longer meet code),
- finishing the lodge flooring,
- addressing some disability issues,
- fixing some windows, and so on.

Please pray that we can get solid plans together and manage to make the required changes without disrupting our summer camps, and our renting season.

Summer Camp Registration Now Open!



- Mini Adventure (Ages 8 to 11): Aug 6 to 9
- Junior Camps (Ages 9 to 12): Junior 1, July 7 to 12: Junior 2, July 21 to 26
- Junior Teen Camp (Ages 12 to 15): July 14 to 19
- Junior Teen Extreme (Ages 12 to 15): July 28 to Aug 1
- Leaders in Training (Ages 14+): Year One, July 21 to Aug 9: Year Two, June 30 to July 19.
- Family Camp (All Ages): Aug 2 to 5

http://www.katepwalakecamp.com/2019-summer-camps/ Now Hiring!

Are you looking to be part of an amazing summer experience?

Katepwa Lake Camp is always looking for eager people to join our amazing summer staff. If you are a person who loves Jesus, camp, and kids, then consider joining us next summer! Camp Ministry makes the difference in the lives of so many youths every year, and we need you! Whether you are new to KLC, or just have some questions, feel free to contact us and we would LOVE to chat with you about how awesome a summer at KLC can be!



Positions available: program staff, cabin leaders, kitchen and property staff, lifeguards, boat drivers.

http://www.katepwalakecamp.com/2019-staff/

Finances

Year-end report

The budget for 2019 was approved by the congregation at the Fall Business Meeting. This approved budget will allow us to hire an additional full-time staff. The budget, however, will require a significant commitment to giving and tithing from the congregation.

The financial numbers for the end of December look very good! Considering that we were projecting a budget shortfall of nearly \$30K based on the November numbers, we are grateful that our final operating revenue was just over \$5K short of our budgeted revenue for 2018. Our year-end expenses were nearly \$41K less than our operating income, so we are able to start 2019 with a healthy bank balance.

(The numbers below are unaudited)

Approved Operating Budget for 2018:	\$ 387,900
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Operating Revenue to end of December 2018: \$ 382,508

Operating Expenses to end of December 2018: \$ 341,538

Restricted Reserve Balance: \$ 174,760

CBWC Loan Balance: \$ 272,006

Approved Operating Budget for 2019: \$ 408,700

Reminders:

We have several ways for you to provide your regular tithes and donations to the church:

- 1. Place your gifts in an offering basket during any worship service or mail to the Church Office.
- 2. Establish a Pre-authorized Remittance (PAR) Plan. This will automatically transfer funds from your account into the FBC Regina account on a regular basis. Please email the church or contact the Treasurer if you would like to set up PAR or change your commitment.
- 3. Make an online donation:
 - Use Interac e-Transfer to donate from your phone or computer to FBCRegina@gmail.com (no fee or cost to the church).
 - Use a credit card or PayPal via the **PayPal Giving Fund** (no fee or cost to the church).
 - Use a credit card or PayPal via CanadaHelps (a fee of 3.5% is deducted from the donation).

PLEASE refer to more specific information on these contribution methods that is available on the church website. You may email the church or contact the Treasurer for further details.

Our church management system (ChurchTrac) has a Congregation Access feature which allows members of our church to access their own profiles and view their contribution statements. If you have provided an email address to us for the system, you will be able to use this feature. In order to view your personal profile, please use the following link:

http://firstbaptistregina.ca/get-connected/churchtrac/

If you have not provided an email yet or are having problems accessing the system, please send a note to the Church Office (main_fbcregina@sasktel.net).

Children and Youth

Children from 3 to 11 are invited downstairs most Sundays for their own service of worship. Speak to Pastor Joel if you can help work with them.

Nursery

If being part of this ministry is something that you are interested in, contact Kayely Rich via email at kayelyrich@icloud.com.

Godly Play (3-6)

Godly Play is a method of Christian education and spiritual direction offered by First Baptist Church. The goal of Godly Play is to teach children the art of using religious language, parable, sacred story, silence, and liturgical action to help them become more fully aware of the mystery of God's presence around them and in their lives. We are in need of leaders and shepherds! If you are interested in volunteering, please contact Esther Maeers at emaeers@yahoo.ca

Oasis (7-11)

Our students spend 3 to 4 weeks reading through one Bible story. Every Sunday is different: after reading from their Bibles, the children explore the passage through painting, drama, quizzing games, cooking, science experiments, and any other way we dream up.

This month the young people are studying the stories of Jesus' baptism and his temptation in the wilderness.

Youth

February	Event
1 st	Bible Study at First Baptist Church. We will start at 7:00 and end at 9:00.
8 th	Tobogganing Night: Weather depending, we will head to a hill for tobogganing and then warm up with some hot chocolate. Make sure you dress very warmly!
15 th	Family day weekend as well as Youth Quake Weekend: Casual hang-out night at the Senger house. Come and make your own pizza and play games, hang out, play with my children, etc. 6:30 - 9:00.
22 nd	Movie night at FBC 7:00-9:00.

Give and Take

Bulletin Board (on east wall of lower hall coat area) Is there something you'd like to give away, or something you need, such as household items, clothing, etc.? Feel free to post it, along with your name and contact info, on a card on the "Give & Take" bulletin board - downstairs near the washrooms, and/or contact Marilyn Phillips to put it in next month's newsletter (phillimarilyn@gmail.com, 306-515-1113). Don't be shy - let's share with each other as we are able!

There is a large wooden desk to give away. It can be found at the foot of the stairs by the Lorne St door.



Interview—Collin Carbno

1. Collin, we know you in the church as chairperson of the diaconate. But I know there is much more to you as a person. Tell us something about your growing up, and your family.

I am an only child. My mother was a music teacher who began playing the church organ at 14 years old in a small town of Cyric SK. My father was a University professor in Educational Psychology and Measurement.

My paternal great grandfather was a Pentecostal preacher who hailed from Belfast, Ireland, so my father grew up in the Pentecostal church.

We moved around a lot as a family as I grew up. I was born at Belcarres SK, but we lived near Fort Qu'Appelle where my father taught. When my father later became professor in Brandon, MB, I went to high school and University there: I obtained a B.A. in Physics and Mathematics. Later, I obtained a Master's degree and became a PhD. student at the University of Regina, where I met my wife Shirley.

My mother led me to the Lord when I was five years old, and I never really looked back. For my sixteenth birthday, I got a copy of the Bible, which I read cover to cover. Because our church became liberal, we tried out a number of churches, finally settling on a Swedish Baptist church.

I had a notion that I wanted to be a pastor, but my father thought it wasn't a good idea, given my temperament. He gently directed me away from that choice of career. In university I had become involved with the Inter-Varsity Christian Fellowship to the point of becoming part of a leadership team, leading up to seven Bible

studies a week.

2. I believe you are now retired from your profession. What was that profession and how did you happen to choose it? What about it did you most enjoy?

I worked on a Ph.D. in theoretical physics but had to abandon that in favour of supporting my wife and children. I became a programmer at SaskTel and then a business analyst, with a specialty in process improvement and process methodology. Theoretical physics became my hobby, and I would have enjoyed working in the field. I have attended physics conferences through the years and have felt at home in the theoretical world. At SaskTel I enjoyed working with new technologies, and did projects with expert systems, voice recognition, social technical analysis, job design, and so on. One job interest was the designing of work positions within companies: how to make work fulfilling, interesting, and productive both for the individual and the company. I even wrote a book on the topic, entitled, *Designing Work*, which I now sell on Amazon.

- 3. What do you like to do when you are not working? Do you have any hobbies? What things do you do for sheer pleasure?

 I still do a fair bit of mathematical and theoretical physics research. I haven't been particularly successful in this, but I learn a lot. I also have a deep love of music: I play piano, classical guitar, and mandolin. Occasionally, I paint with oils and I love to write books on religious and philosophical topics (thirty-three of my books are now on Kindle). I like to read science, including science fiction, archaeology, history, psychology, and practically anything.
- 4. How and when did you become a member of First Baptist? What about our church attracted you? What keeps you here? We started attending FBC in 1999 on the invitation of Shirley's sister and brother-in-law, Gloria and Les Toews. I immediately fell in love with FBC. The organ brought back deep memories of my mother

playing Bach and the grand old hymns on the church organ in Wolsey.

5. What positions do you hold in the church and conference? What is your favorite one and why is it so?

I have been on the Christian Education Commission for a while and am now on the Diaconate. I also lead Bible studies and Learning for Life classes. The last few years, I have done summer TNT Bible studies on Tuesday nights, covering the gospels of Matthew, and John, and last year all the "3.16" verses in the Bible.

6. What about the job of chair of Deaconate gives you the most satisfaction? Are there some aspects of it that you find difficult? Is there something as chair of Deaconate or something simply as church member that you would like to say to the congregation?

One benefit of being on the Deaconate is that you really get to know and discover the strengths and insights of some amazing Christians on our board and congregation. They are a constant inspiration. On January 12th, board members shared their life stories, including their walk with Jesus.

Certainly, things come up on the Diaconate that are personal in nature, confidential, and sometimes hard to deal with; the direction we should take is not always clear or easy. Some tough choices have to be made. In such instances the work is draining both mentally and physically. Fortunately, those situations have been few.

To members of the congregation, I would say the best way to learn anything is to teach it. If you want to be part of a flourishing church, become part of the leadership team. Yes, it is work, and yes, there are long meetings, but God is there, and we feel his presence in prayer, and in the hard work.

7. If you were to describe our church to a neighbour or some person who doesn't go to church, what would you say?

Actually, not long ago, I had the joy of describing our church to a lady in our neighbourhood who is a psychologist. I gathered she had never been to church and that her family is not religious. But I told her that going to church was like joining a huge family, and that every week we have a party together and sing songs. We also like to learn, and it's a bit like a university: we take classes and learn things from each other. We like to hang out with each other, and play games, talk about life, eat food, and help each other, just like any family does in tough times. She seemed interested. I think she never thought of the church as a family, and as place where one can form deep friendships.

8. What would you change about FBC if you could? Do you have a dream for us that you hope to see realized during your tenure as Diaconate chair?

I would really like to see us explode in size and impact the city. Wouldn't it be wonderful if we were maxing out the Church building on most Sunday mornings, and some folks had to go to the rooms at the back of balcony because of the overflow? I would really like to see our classical church music catch fire with the modern generation and see a large influx of young people. I look forward to our organ apprenticeships and scholarships bearing fruit. It would be wonderful to have the choir loft filled again. This might seem like dreaming, but I think it is possible: I have read of more amazing turnarounds in many churches over the centuries.

9. Is there something you would like to say that I have not asked? I certainly struggled with dyslexia through school. My grade three marks where basically all Es. I was in grade four before I learned to read and well into high school before I learned to write. Most school nights, starting in elementary school, I worked on homework till 10:00 PM, (and usually wasn't finished) as well as most weekends. I hated school with a huge passion, and hated homework even more. I feel I lost a huge part of my childhood to homework. Every simple

assignment took me hours and writing of any sort was terribly difficult. I longed to go outside, ride my bike, play with friends, and play with my toys. Spelling was my absolute worst: my parents would go over spelling test lists with me until I could get every word correct, and the next day I would get maybe two out of twenty words right. Through my school years, I slugged through revisions of my school papers only to get barely passing grades. Testing in grade three indicated I had special mathematical and other intellectual skills, but they didn't show much fruit for years. Many of my teachers thought I was mentally retarded, called me lazy, and berated me for not doing quality work. Still, a few teachers marveled at what they discovered: an articulate little fellow with a vast storehouse of knowledge about all kinds of things. In Toronto, my grade seven teacher marveled when I went from complete beginner at chess, just learning the rules in a mere five weeks, to third among the city's grade seven students.

I went to University fearful but suddenly found myself with marks IIthat I could only dream of. I'm told that my university finals in physics, mathematics and chemistry were all perfect 100s. I received a Gold Medal in science and Silver Medals in math. When asked how I was able to do math in a fraction of the usual time, I said, "It's easy when you know how." A picture of me with that quotation now hangs in the math mall. Awards and scholarships thrust me into graduate school. At the Ph.D. level I ran into problems and failed to complete the thesis. My academic dreams faded, and my temporary job at SaskTel bloomed into a career that served me, and my family well, for which I feel much blessed and thankful.

Interviewer: Esther Wiens

Tai Chi

If you've ever been curious about the "martial art" called Tai Chi, now's the time for you to come and have a look. Baptist Tai Chi will be held Saturday mornings at 9 a.m. in the lower hall (please come in the elevator door). You can park in front of the Youth Centre or east of the church; you need a handicapped card to hang on your rear-view mirror to park in front of the door. We will meet Feb. 2, 9, and 16. Tai Chi is a non-contact exercise that emphasises balance and posture training, making it ideal for all ages. You are welcome to come and check it out!

Property Commission

We are much in need of additional volunteers to assist with painting parts of the church. Please let Rob Stafford know if you are interested.

VOICE

The regular Wednesday evening VOICE studies begin at 7:00 o'clock at my home, 77 Motherwell Cres. In February, we will meet on February 6th and 20th. If you have questions, please call Martha at 586 7015 or Annabel at 761 1458.

We finished <u>The Ragamuffin Gospel</u> with a good turnout. The Novel study on Saturday, January 23, was excellent, loads of food and a good turnout of people who had read the book <u>Educated</u>. We had a very interesting discussion. The new book for Wednesday evenings is on the verge of being named, but not quite yet.

If weather and circumstances warrant, you will be notified via email whether or not the meeting will take place as scheduled.

First Baptist Church Staff

Joel Russell-MacLean, Lead Pastor

John Nelson, Associate Pastor

First Baptist Church Office hours: Monday-Thursday, 9 a.m. to 4 p.m. The church office is closed on Fridays, since it is a day off for staff.

Website: firstbaptistregina.ca

Phone: 306-359-1450

Email: main_fbcregina@sasktel.net

Life Together

Sunday	9:30 a.m.	Learning for Life
	11:00 a.m.	Worship Service
Monday	7:15 a.m.	Morning Prayers
Tuesday	7:15 a.m.	Morning Prayers
	5:15 p.m.	Tuesday Nights Together
	6:00 pm	JuBELLation Practice
Wednesday	7:15 a.m.	Morning Prayers
	8:00 a.m.	Prayer Breakfast
	10:00 a.m.	Achievers' Bible Study (Feb 6 and 20)
	12:15 p.m.	Noon Prayers
	7:00 p.m.	VOICE (Feb 6 and 20)
Thursday	7:15 a.m.	Morning Prayers
	7:00 p.m.	Choir Practice
Friday	7:15 a.m.	Morning Prayers
-	7:00 p.m.	Youth Event
Saturday	9:00 a.m.	Tai Chi

February at a Glance

February 16th 8:30 - 10 a.m. Men's' Breakfast FBC

February 28th noon Achievers' Lunch